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The invention relates to the food industry, physiology, biomedicine and nutrition, in particular to a biologically active food additive based on natural vegetable products, used directly in alimentation or for creating functional foodstuffs. The additive, according to the invention, comprises, in wt.%: amaranth seed flour 48 – 60, acacia pollen flour 25 – 30, nutmeg flour 6 – 12 and grapeseed flour of black varieties 5 – 10.

Claims: 1